

Cervical and Breast Cancer Screening Education and Care Referrals for Hispanic/Latine People

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Background

Nuestras Raices Centro Comunitario programs are designed to work with the whole family by providing them with high quality services and expertise to address the barriers that prevent them from living a healthy life. With three core programs that focus on behavioral health and social services, we proudly serve the Spokane and Othello community.

In partnership with Fred Hutch, Nuestras Raices integrated breast and cervical cancer screening education and referrals across our programs, aiming to increase routine screenings and raise awareness in our Hispanic and Latine community.

Esperanza Program

The Esperanza program partnered with Fred Hutch OCOE staff to develop culturally appropriate materials on breast cancer awareness, focusing on Spanish resources available in the Spokane area. This vital information was shared through workshops and resource tabling events.

- Breast Cancer Awareness Workshop
 - Facilitated by OCOE staff in Spanish
 - Hosted in collaboration with our support group participants
 - Presentation and materials were also shared during additional mental health workshops.
- Resource Tabling: Recursos flyer with outreach at:
 - Local schools, community events
 - Internal events and in our office
 - Made available to clients expressing interest in breast cancer awareness information

Event Photos and Resources



Fig 1. Cervical Cancer and HPV Awareness

RECURSOS EN SPOKANE

CUALES SON ALGUNAS OPCIONES PARA DÓNDE IR AL DOCTOR CON SERVICIOS DE INTERPRETACIÓN?

PARA MAMOGRAFÍAS: MULTICARE

- Interpretación gratis en persona o por teléfono
- 2 ubicaciones: MultiCare Rockwood Clinic Imaging Center y MultiCare Valley Hospital Imaging
- Tienen un programa para ayuda monetaria, y puede aplicar en su sitio web.
- Su sitio web general: <https://www.multicare.org/>

PARA UN DOCTOR PRIMARIO: CHAS

- Community Health Association of Spokane
- Interpretación gratis en persona, solamente se necesita pedirlo cuando esta programando la cita
- 9 ubicaciones en o alrededor de Spokane con atención primaria, algunas también tienen servicios específicamente para la salud femenina. No ofrecen mamografías.
- Aceptan la mayoría de seguros, incluyendo Medicare y Medicaid. Si no tiene seguro, CHAS puede modificar el copago para familias de bajos ingresos, pero tiene que aplicar a su programa.
- <https://chas.org/es/>

PARA UN DOCTOR PRIMARIO: UNIFY COMMUNITY HEALTH

- Son parte de la clínica de trabajadores agrícolas de Yakima Valley (Yakima Valley Farm Workers Clinic).
- 2 clínicas en Spokane
- Ofrecen interpretación gratis (tiene que pedirlo cuando programa una cita) y tienen muchos doctores bilingües.
- No ofrecen mamografías.
- <https://www.yfwc.com/>

ESTAS SON SOLAMENTE ALGUNAS OPCIONES, HAY MAS CLINICAS Y RECURSOS EN SPOKANE DÓNDE SE HABLA ESPAÑOL.

CÓMO PUEDO PAGAR POR ATENCIÓN MÉDICA?

BCCHP: PROGRAMA DE SALUD DE SENO, CERVIX, Y COLON (BREAST, CERVIX, COLON HEALTH PROGRAM)

- Un programa que ofrece mamografías gratis para personas que no tienen seguro médico
- Contacta el distrito de salud de Yakima (Yakima Health District) para inscribirse al programa (<http://www.yakimahd.org/>)
- o llaman a 800-535-5016.

SEGURO MÉDICO CON WA HEALTHPLAN FINDER

- En el estado de Washington, hay seguro médico disponible para cada persona - **no importa el estatus migratorio** - pero tiene que pagar una prima cada mes.
- Para mas información, visite al sitio de web (wahealthplanfinder.org/us/es/) y oprime "inmigrantes". También puede programar una cita en este sitio web o llamar a 1-855-923-4633.

CÓMO PUEDO TRANSPORTARME A UNA CITA MÉDICA?

SMS: SERVICIOS DE MOVILIDAD ESPECIAL (SPECIAL MOBILITY SERVICES)

- Recipientes de Medicaid puede pedir ayuda de varios tipos para la **transportación** para citas médicas aprobados.
- Ofrecen vales para gasolina, boletos para transportación pública, vueltas compartidas por camioneta, y vueltas individuales. Sitio web: <https://www.sms.org/medicaid-transportation>

CHAS TAMBIEN OFRECE BOLETOS PARA TRANSPORTACIÓN PÚBLICA EN CADA CLÍNICA.

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Fig 2. Spanish resources in Spokane



Fig. 3 Setting up for Dia de los Muertos



Fig. 4 Breast Cancer Awareness presentation speakers

Latinos Unidos eN Accion y Alianza (LUNAA)

LUNAA Ambassadors developed workshops, empowering them to take the lead in these sessions. LUNAA Ambassadors spoke with their peers about the challenges of talking about breast and cervical cancers with family members, the stigma on speaking on these topics, and how to bring creative, community driven approaches to share this information.

We attended 26 different events reaching over 1,200 people, including:

- Cervical Cancer and HPV Awareness Workshop
- Dia de los Muertos Ofrenda for people who have passed from breast and cervical cancer.
- Guest speaker on the Cancer Health Equity Now podcast on cervical cancer episode.

Conclusions

- One of our goals was to increase routine cancer screenings. Many women shared that, after the workshops, they were motivated to schedule a screening with the help of the Recursos flyer.
- Through Esperanza and LUNAA we reached over 2,000 individuals at events, many were young adults.
- We trained 9 students and staff on promoting breast cancer detection and awareness. We remained mindful of the barriers facing the Hispanic community, providing local Spanish resources, and focusing on stigma, outreach, and cultural aspects of this project.
- Working on this project has changed our perspective in how important screenings are to all generations. It has also helped us have more information and resources to talk about cervical and breast cancer with family and friends.

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