

Hutchinson Institute for Cancer Outcomes Research

Value in Cancer Care Summit 2025

**Stronger Together: Reimagining Systems to Empower Patients and Clinicians** 

Scott Ramsey and Veena Shankaran Bell Harbor Conference Center, Seattle, WA November 6, 2025

# Welcome!

























# Agenda

8:30-10:30am	Morning Sessions     Patient Perspective on Navigating Insurance and Care, Dr. Bárbara Segarra-Vázquez     Addressing Burnout from the Patient and Provider Perspective, Dr. Fay Hlubocky				
10:30-11:00am	Morning Break				
11:00am-12:30pm	<ul> <li>Mid-Morning Sessions</li> <li>Increasing the Accessibility of Early Palliative Care for Patients with Cancer, Dr. Jennifer Temel</li> <li>Hope, Prognosis, and Trust: Why the Ground is Shifting Beneath Us, Dr. Anthony Back</li> </ul>				
	<ul> <li>Learning from Patients and Communities: Shared Decision Making for People Living with Cancer, Gwen Darien</li> </ul>				
12:30-1:30pm	Lunch				
1:30-3:00pm	Afternoon Sessions     How Pain Management Can Impact the Patient Experience, Dr. Dermot Fitzgibbon     Substance Use Disorder in Cancer Care, Drs. Chris Chen and Julia Ruark				
3:00-3:30pm	Afternoon Break				
3:30-4:30pm	Mid-Afternoon Session  • Innovations in Patient Care and Coordination, Dr. Sibel Blau, joined by Dr, Keith Eaton, Dr. Bárbara Segarra-Vázquez and Gwen Darien				
4:30-5:15pm	Cocktail Reception				

**Fred Hutchinson Cancer Center** 

## 2025 Value in Cancer Care Steering Committee

Kristine Rinn, MD	Cancer Care Northwest		
Erica Harrington	Compass Oncology		
Julie Smith, MD	Confluence Health		
Karin Larson-Pollock, MD	Fred Hutch Cancer Center		
Janet Freeman-Daily, MS, Eng	GrayConnections.net		
Eric Chen, MD	Kaiser Permanente		
Blair Irwin, MD, MBA	MultiCare Regional Cancer Center, Auburn		
Sibel Blau, MD	Northwest Medical Specialties		
Susanne Quistgaard, MD	Premera Blue Cross		
Perry Soriano, MD	Providence Regional Cancer Partnership		
Nicole Saint Clair, MD	Regence		
Kelly Mardesich, MHA, BSN, RN	Skagit Regional Health		
Sara Grethlein, MD, MBA	Swedish Cancer Institute		
Ashwani Rajput, MD	Swedish Cancer Institute		
Nancy Thompson, RN, MSN, AOCNS	Swedish Cancer Institute		
Camille Biggins, MHA	Virginia Mason Franciscan Health		
Karen Hemeon, RN	Virginia Mason Franciscan Health		
Joseph Rosales, MD	Virginia Mason Franciscan Health		
Drew Oliveira, MD	Washington Health Alliance		
Christopher Chen, MD, MBA	Washington State Health Care Authority		
Heather Schultz, MD	Washington State Health Care Authority		
Yarrow McConnell, MD	MultiCare Cancer Institute		
Richard McGee, MD	Washington State Medical Oncology Society (WSMOS)		

#### Thank You to Patients, Advocates, and Community Partners

 Patients, advocates, caregivers and patient partners have contributed to the Summit and to HICOR's research program!

Special welcome to those who are with us for the first time today.

#### Thank You Summit Sponsors!

**COMMUNITY PARTNERS** 



**Fred Hutchinson Cancer Center** 

#### Thank You Summit Sponsors!

**COMMUNITY PARTNERS** 

## **REGENERON®**



#### **LANTHEUS**













Virginia Mason Franciscan Health

**SILVER** 



**NETWORK BREAK** 

**American Cancer Society** 

**Puget Sound Oncology Nursing Society** 

#### What we hope you will do today

- Engage with us
  - Ask questions
  - Share your story (briefly, so others can too!)
- Meet someone new
  - Take advantage of the opportunity to talk to someone with a different perspective
- Celebrate our unique and special cancer care community
  - Happy hour is on us!

## HICOR team is here to support you!



# Reimagining Systems to Empower Patients and Clinicians

Veena Shankaran

## Achieving Whole Person Collaborative Care



## Framing the Day: Patient and Provider Challenges

Navigating Insurance

#### **Burnout**

## Trust and Communication



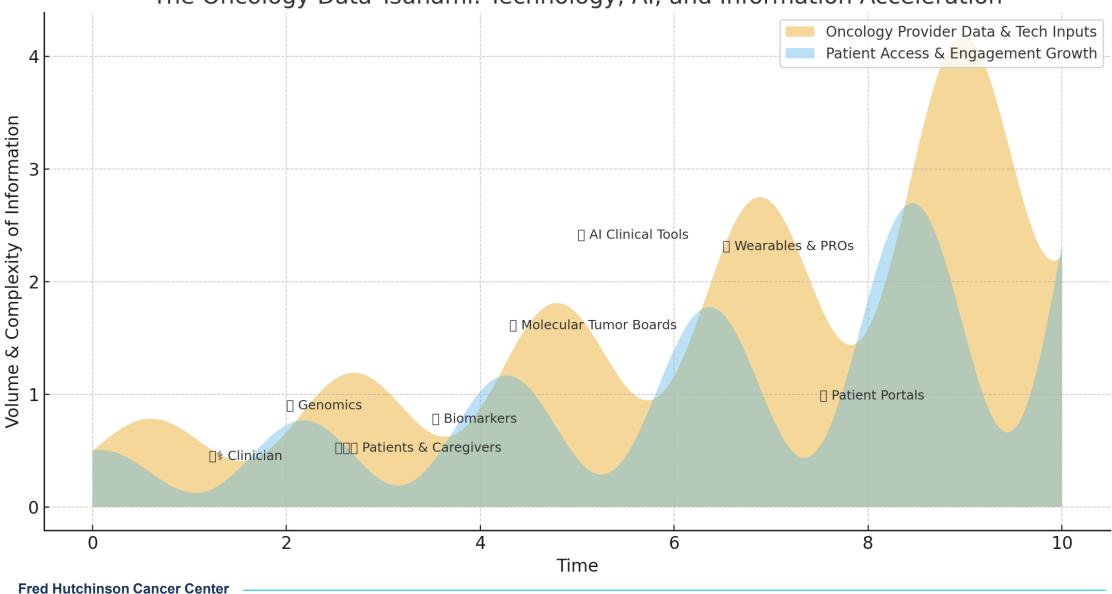
Access Cost Coverage System Navigation Fatigue Logistics Understanding Care Plan Stigma Concerns Unfamiliar Context



Patient Access
Prior Authorization
Pathways and Formularies

Volume Administrative Burden Time Time to Listen
Cultural Literacy
Social Context

#### The Oncology Data Tsunami: Technology, AI, and Information Acceleration



## 21st Century Cures Act

Mandated the immediate and direct release of electronic health record (EHR) information to patients.



- Lab and pathology results
- Radiology Reports
- Clinical Documentation

#### **Patient**



- Difficult to interpret results
- Increased anxiety and confusion

#### **Provider**



- Increase in direct portal messages from patients
- Negative impacts on in-clinic communication
- Burnout

#### Immediate Radiology Result Release in Oncology

Impacts may be magnified in patients with cancer.

Radiology imaging studies represent the gold standard for staging/restaging in patients with cancer; often accompanied by heightened worry / anxiety – termed "scanxiety."

#### PROS:

Allowing patients / families to process good or bad news privately / prepare questions

#### CONS:

- Non clinically-relevant findings may distract
- Overwhelm / despair
- Cancelling clinic visits
- Using AI / Chat GPT incorrect information



#### **Patient Survey Results**

#### Mental Health Impacts

Most patients report feeling **fearful**, **anxious**, **worried** when they receive radiology reports before discussing with their doctor.

#### Communication

68% contacted clinic right away after getting results

88% report that care team responds to calls and portal messages

## **General Perspectives on** 21<sup>st</sup> Century Cures Act

62% of patients felt that release of radiology results as soon as available was the best approach

Older patients (65+) were more likely to prefer immediate release than younger patients (<65) (76% vs. 48%, 0.004)

**Fred Hutchinson Cancer Center** 

#### **Provider Focus Group Results**

## Patient Autonomy & Access

Empowering transparency and patient control is a good thing

Enable patient choice in how to receive results

## Patient Emotional Distress

Unclear or alarming terminology often increases worry

High variability in patient reactions

#### **Workflow Burdens**

Surge in patient calls, emails, and portal messages

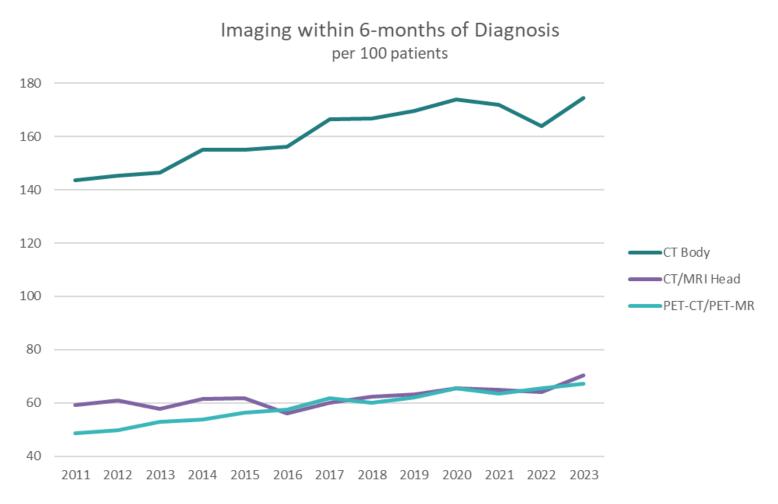
Time spent clarifying benign findings reduces efficiency

## Incidental Findings & Overdiagnosis

"Incidentalomas" lead to extra tests and anxiety

Radiologists face tension in under vs. over reporting findings

#### **Imaging Use is Increasing in Washington State**



#### All Types of Imaging Have Increased in Washington State

Difference in Imaging Use in First 6 Months of Dx: 2011 vs 2023 per 100 patients



#### **Potential Interventions – For Consideration**

- Al generated patient-friendly translated report
- Provider templated EPIC message to patients set expectations
- Al tool to help pull out actionable incidental findings
- Implementing a delayed release in advanced cancer pts

Fred Hutchinson Cancer Center ————

# Expanding Trials Program

Please contact Karma Kreizenbeck (kkreizen@fredhutch.org) to share your ideas or learn more about this work.

Title	PI	Overview	Target Enrollment	Partnering Clinic(s)
DISCOVER	Scott Ramsey	Assess the relationship between insurance status, health-related social needs, and symptoms during chemotherapy.	60	MultiCare 👪 Spokane and Puget Sound
PAYMENT	Veena Shankaran	Test a randomized intervention of unrestricted payments to cancer patients following diagnosis to improve outcomes.	20	PeaceHealth  Vancouver
PRO-ACTIVE	Erin Gillespie	Assess if virtual fitness program reduces cancer-related fatigue in patients undergoing radiation for breast cancer.	60	MultiCare A3 Spokane and Puget Sound
Talking About Cancer	Megan Shen	Assess if a remote training intervention helps patients with advanced cancer and their informal caregivers with advanced care planning.	40	Skagit Regional Health Mount Vernon Providence Everett
REGENT	Hiba Khan	Assess feasibility, uptake, and patient/provider satisfaction of a remote, comprehensive germline genetic testing program.	50	Virginia Mason Franciscan Health Burien
FLoC	Allison Cole	Assess the impact of a social prescribing intervention on cancer survivor loneliness, quality of life, and receipt of guideline-concordant survivorship care.	20	Skagit Regional Health Mount Vernon PeaceHealth Ketchikan, AK

#### **HICOR Happenings**

Next HICOR Community Cancer Care Report – June 2026

- Updates:
  - Removing metrics with overall high adherence
  - Updating metrics to match current guideline specifications (e.g. Adding CLL to the population measured in hospitalizations during chemotherapy)
  - Adding new metrics (e.g. Use of sentinel lymph node biopsies for early-stage hormone receptor-positive breast cancer)

**Fred Hutchinson Cancer Center**