nutrition assessment
NASR AT FRED HUTCH

online food record

NASR's food record is now available online!

1
- Study determines number of intake days & timepoints at which food records will be collected
- NASR sets up the project on our secure Portal website

2
- Participant/patient accesses their food record via a study-provided URL link
- Food record can be completed on any internet-connected device (no apps or downloads necessary)
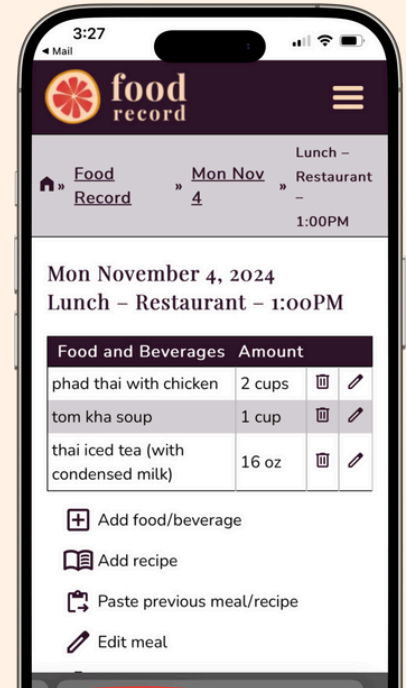- Information about foods and beverages are entered into the easy-to-use interface

3
- Study staff can view and annotate food entries & track completion in real time
- Once the food record has been completed and reviewed by study staff, it is submitted to NASR for nutrient analysis

4
- NASR staff enter food record data into Nutrition Data System for Research (NDSR) software
- When data collection is complete, NASR runs nutrient dataset and posts to Portal
- Interim datasets available upon request

3:27

food record

Food Record » Mon Nov 4 » Lunch – Restaurant – 1:00PM

Mon November 4, 2024
Lunch – Restaurant – 1:00PM

Food and Beverages	Amount
phad thai with chicken	2 cups
tom kha soup	1 cup
thai iced tea (with condensed milk)	16 oz

- [+] Add food/beverage
- Add recipe
- Paste previous meal/recipe
- Edit meal

Includes link to serving size guide for portion estimation

Salad
Plate shown is 10 ½" diameter

½ cup — 1 cup — 1 ½ cups — 2 cups

portal
NASR at Fred Hutch

Home » Studies » ZZZ25 » Participants » Food Records » 10575 » BL

Participants
Files
Setup
 Study
 Surveys
 Time Points

Status History

Status	Status Date	User / Ppt
Not started	1/17/2025 11:06 PM	
In-process	1/17/2025 11:10 PM	Ppt 10575

▶ Usual Foods Survey
▼ Food Record
▼ Intake: Monday, 11-04-2024