nutrition assessment shared resource

Fred Hutch
Cancer Center

NASR MISSION

To make it possible for investigators, no matter what their level of training or expertise in dietary assessment, to incorporate the best data collection methods in their studies at reasonable cost.

DIETARY DATA COLLECTION

NASR collects and processes dietary data for nutritional studies. We can help your study obtain pertinent, accurate data by assisting with the entire process, from designing appropriate forms to accessing the highest quality nutritional databases and delivering timely, accurate results.

NASR uses multiple established methods to collect and process dietary intake data from participants enrolled in observational and intervention studies, including:

- Food Frequency Questionnaires (FFQ)
- Multiple-Day Food Records
- Dietary Recalls
- Short Food Questionnaires

We also provide:

- Nutrient Analysis of Recipes and Menus
- Serving Size Tools
- Project Staff Training
- Custom Questionnaire Design
- Intermediate Datasets (By Request)

The University of Minnesota's Nutrition Data System for Research (NDSR) software is used for data entry and nutrient analysis. This is the most accurate and comprehensive software available for nutrition research.

KEY PERSONNEL

- **Jeannette Schenk, PhD, MS, RDN:** Scientific Advisor
- **Karen Johnson, RDN, CD:** Research Dietitian
- **Alanna Boynton, MS, RDN, CD:** Research Dietitian
- **Eric Meier, MS:** Consultant/Programmer

NASR is part of Collaborative Data Services (CDS), a Shared Resource at Fred Hutch, which is directed by **Catherine Duggan, PhD.**

PUBLICATIONS

View a list of publications supported by NASR's services.

FOR MORE INFORMATION

To learn more about NASR, please visit our website at fredhutch.org/nasr.

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