



Required extended mask usage at SCCA

How to safely put on, take off, and store your mask.

Instructional video on mask use and transitioning to droplet precautions: <http://www.seattlecca.org/PPE-donning-doffing>

Panopto login instructions

- When Panopto opens, in the **Sign in as** field, click the down arrow and scroll to **SeattleCCA.org**
- Log in with your username and password, and the video will begin playing

To put on an extended-use mask

1. Perform hand hygiene for 20 seconds.
2. Put the mask on by securing the ear loops around your ears, making sure the **colored side faces out**, the nose piece is molded snug to the bridge of your nose, and that the bottom part is pulled under your chin.
3. Perform hand hygiene for 20 seconds.



Please note that the front of the mask you are wearing is contaminated.

- **DO NOT touch** this area while wearing the mask or while taking the mask off.
- **DO NOT eat or drink** with the mask on.
- **DO NOT pull** the entire mask below your chin to eat or talk. If you need to remove the mask, do so by following the instructions listed to the right.
- **Please note**, this is for extended mask usage only, not for droplet precautions. Information for donning and doffing for droplet precautions can be found in the video link above.
- To prevent glasses from fogging up, ensure that the pliable top of the mask is molded to the bridge of your nose and surrounding face area.



To remove an extended-use mask

1. Perform hand hygiene for 20 seconds.
2. Remove the mask by grasping the loops from your ears. **Do not grab the front of the mask — it is contaminated.**
3. **Place your mask in your brown paper bag** for storage.
4. Perform hand hygiene for 20 seconds.

Transitioning from extended-use mask to droplet precautions

Instructional video on mask use and transitioning to droplet precautions: <http://www.seattlecca.org/PPE-donning-doffing>

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To transition from an extended-use mask to droplet precautions

Remove the extended-use mask:

1. Perform hand hygiene for 20 seconds.
2. Remove the mask by grasping the ear loops. **Do not grab the front of the mask — it is contaminated.**
3. Keep your brown paper bag and throw your extended-use mask in the trash. You will be wearing the orange mask for the remainder of the shift.
4. Perform hand hygiene for 20 seconds.

Put on droplet precaution PPE in this order:

1. Hand hygiene for 20 seconds.
2. Gown
3. Droplet precaution (orange) mask
4. Face shield
5. Gloves



To remove droplet precaution PPE:

1. With gloves on, remove the “third arm” of the gown.
2. Remove gloves.
3. Perform hand hygiene for 20 seconds.
4. Remove face shield and place on isolation cart or designated table.
5. **Leave your mask on — this will be your mask for the rest of day.**
6. Perform hand hygiene for 20 seconds.
7. Remove your isolation gown, making sure you do not touch the contaminated outside of the gown (directions to do this in video referenced at the top of form).
8. Perform hand hygiene for 20 seconds.
9. Put on a clean pair of gloves.
10. Pour the alcohol solution onto the microfiber cloth that is stored in each isolation area, making sure to have an ample amount for cleaning and wiping down the face shield entirely, including the entire headband. **The dwell time for the alcohol is 5 minutes**, so make sure that the face shield is visibly moist when done wiping it down.
11. While holding the face shield, wipe the top of the isolation cart or designated table with alcohol, ensuring the cloth is wet enough to visibly moisten the top of the cart or table.
12. Place the sanitized face shield on the sanitized surface.
13. Ensure you **keep your brown paper bag** for future storage of your mask.
14. Remove gloves and perform hand hygiene for 20 seconds.