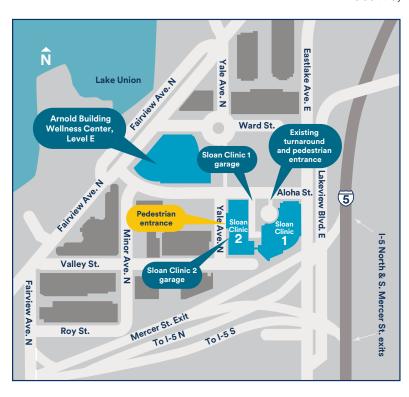


# Driving directions to Wellness Center



Please note: You will need to drive from the Sloan Clinic to the Wellness Center, which is located in the Arnold Building. Wellness Center 1100 Fairview Ave. N. Arnold Building, Level E Seattle, WA 98109 Wellness Center Reception Desk (206) 606-6100



### **Finding the Wellness Center**

- Park in the patient parking area on Level D.
- Take the elevator down to Level E.
- When you arrive at Level E, follow the signs for the Wellness Center and look for the yellow entryway.

#### From I-5

Take exit 167, Mercer St./Seattle Center. (If you are northbound on I-5, you will exit I-5 from the far left lane. If you are southbound, you will exit I-5 from the far right lane.)

As you exit, move to the far right lane.

Turn right at the end of the ramp onto Fairview Ave. N.

Veer right at the light, staying on Fairview Ave. N. (Do not turn right onto Valley St.)

Stay in the right lane and go through the traffic light at Aloha St.

Go past the Robert M. Arnold building and turn right at the next intersection onto Ward St.

Enter the building and follow the signs to Level E.

#### From the East Via 520

Take 520 west.

Exit onto I-5 south.

Follow the directions above from I-5.

#### From the East Via I-90

Take I-90 west.

Exit onto I-5 north.

Follow the directions above from I-5.

## **Wellness Center Parking**

Patients and their visitors may park in the Arnold Building parking garage free of charge indicated by spots reserved for *Fred Hutch Wellness Center visitors*. The garage can be accessed from Ward St. just off Fairview Ave. N. Metered street parking is also available in the area. It is free after 6 p.m., Monday through Saturday, and all day Sunday.

# **Navigating inside the Arnold Building**

From the front door to the Wellness Center

