

Directions to Wellness and Prevention Centers



Arnold Building

1100 Fairview Ave. N.
Seattle, WA 98109

Need to contact us?

Prevention Center: (206) 667-5416

FredHutch.org/PrevCent

Wellness Center: (206) 606-6100

FredHutch.org/Wellness-Center

Driving directions

From I-5

- Take exit 167 for Mercer St./Seattle Center.
 - If you are northbound on I-5, you will exit I-5 from the far left lane.
 - If you are southbound, you will exit I-5 from the far right lane.

- As you exit, move to the far right lane.
- Turn right at the end of the ramp onto Fairview Ave. N.
- Veer right at the light, staying on Fairview Ave. N.
- Stay in the right lane and go through the traffic light at Aloha St.



- Turn right at the next intersection onto Ward St.
- The parking garage entrance will be on your right.

From the East via 520

- Take 520 west.
- Exit onto I-5 south.
- Follow the directions above from I-5.

From the East via I-90

- Take I-90 west.
- Exit onto I-5 north.
- Follow the directions from I-5

 Walking path
 Driving route

Parking information

- Patients and their visitors can park for free in the Arnold Building parking garage, where designated visitor parking spots are clearly marked.
- The garage can be accessed from Ward St.
- Metered street parking is also available in the area. It is free after 6 p.m., Monday–Saturday, and all day Sunday.

How do I find the right clinic?

The Wellness Center and Prevention Center are both located on Level E of the Arnold Building.

- If you are entering the Arnold Building from the front door, you are on Level 1. Proceed to the elevators and take them down two floors to Level E.
- If you are entering the Arnold Building from the parking garage, you are on Level D.
 - From the garage, go through the double doors.
 - Turn left to elevators.
 - Take the elevator down one floor to Level E.



Wellness Center

When you arrive at Level E, follow the signs for the Wellness Center and look for the yellow entryway.



Prevention Center

When you arrive on Level E, follow the hallway into the atrium. In the atrium you'll find a sign and the entrance to the Prevention Center.

For more information visit
FredHutch.org/wellness-center
or scan the QR code.

