

Breast Cancer Specialty Clinic — What to expect

Your first appointment

The Breast Cancer Specialty Clinic is for people diagnosed with breast cancer. During your first appointment, you will meet with one or more members of our team that includes experts in breast cancer surgery, radiation oncology and medical oncology. This team will work with you to create the best treatment plan for you.

What you can expect during your visit

During your visit, our team of doctors will review your medical history, records, scans and test results together. Then, they will discuss with you and agree on the best treatment plan. Before you come in, your patient care coordinator will gather all your medical records.

The schedule for your day

As a new patient in the Breast Cancer Specialty Center, you can expect the following schedule:

11:30 a.m.–12 p.m.

Please check in at Registration located on the 3rd floor of Building 1.

12–1 p.m. Orientation

You will meet with a doctor who will ask you about your family, medical and social history. They will also complete an above-the-waist physical exam. The information collected during this time will be discussed by our team of doctors.

1–2 p.m.

During this hour, you are free to stay in your room at the clinic or leave, returning at 2 p.m. Our team of doctors will meet to review and discuss your medical history and current health, and to create a treatment plan.

2–6 p.m.

Return to your exam room for:

- A second physical exam, which will be done by the team of doctors involved in your treatment plan.
- Meetings with each doctor on your team to discuss your care plan. These individual discussions will be recorded, and you will get a copy to keep — either on a USB drive or sent to you through MyChart.

Please plan to spend the entire afternoon at the clinic. It tends to be a long day, however, there are many breaks in between meetings. We encourage you to bring something to help pass the time during breaks, like a book, tablet or other form of entertainment. Free Wi-Fi is provided.

During breaks you can also:

- Visit the Bistro on the 2nd floor of Building 1, or the Café on Floor A of Building 2.
- Stop by the Patient and Family Resource Center near the elevators on the 3rd floor of Building 1. Here, patients and their families can spend time learning about a specific diagnosis, treatments, support and survivorship.

Contact Information

For further assistance, please contact the Fred Hutch Breast Clinic intake team at (206) 606-2166.