PATHWAY
TO PREVENTING CANCER RECURRENCE

Yi-Ren Qigong

DIANA LINDSAY
The 1% Club
(May 4 2006-October 2009)
Calm my anxiety

The Stress Loop

Its antidote: The Extraordinary Universe
Deepen my connection to life

Balancing anxiety with awe; opening doors to a new hope of survival
Increase self-healing capacity

Run 24x7 “Healing Loops”
to circulate that power
Interesting connections

• Reverse high bilirubin levels after one week of practice—documented by blood work
• CT one day after a Qigong healing session demonstrated “energized” thymus
• Able to reverse brain inflammation without steroids
Clearing Lung/Large Intestine
Nourishment
Stomach/Pancreas
Love & Protect
Reproductive/Lymphatic
Keeping going

• Healing Circles Langley
• Institute of Qigong and Integrative Medicine—Bothell and throughout the Seattle area
• YouTube videos